

The Isle of Vilm is situated in the north-east of Germany, south of Rügen Island. You can reach the Isle of Vilm by plane via Berlin, Hamburg or Rostock-Laage with connecting trains to Lauterbach/Mole. From there the ferry leaves to Vilm.

Airports:

If you arrive at **Hamburg** airport, please take the S-Bahn (suburban rail network) line S1. It operates every 10 minutes between Hamburg Airport and Hamburg's central railway station, Hauptbahnhof, a journey of only 25 minutes. The "Hamburg Airport (Flughafen)" S-Bahn station is directly in front of the terminals and is easily reached by lift, escalator or stairs.

In Berlin there are two airports. If you arrive at **Berlin-Tegel (TXL)**, please take the shuttle bus TXL to Berlin Central train station (runs every 10 minutes, ride takes 20 minutes). If you arrive at **Berlin-Schönefeld (SXF)** you can use the suburban trains (S-Bahn) or the underground (U-Bahn) to reach Berlin Central Train Station ("Hauptbahnhof").

You can also fly to **Rostock-Laage (RLG)** (<http://www.rostock-airport.de/en/>). This is the closest airport to the island of Vilm, but with limited flight connections. If you arrive there, please take the bus L 127 to Rostock Central Bus Station (leaves after flight arrivals, ride takes 35 minutes) which is right in front of the central train station. From there you have to take a train to Lauterbach Mole. Or you order a shuttle bus directly to Rügen island (Bergen on Rügen). This ride takes about 2 hours and brings you to Bergen on Rügen, from where you can take a train to Lauterbach Mole. For further information and booking of the shuttle bus visit www.auf-nach-mv.de/flug or call +49 (0) 381/4030500 (please order 3 days before shuttle date).

How to choose your train:

Go to www.bahn.de. For English language click the button in the upper right corner, and then type your train connection under "TravelService/Timetable" on the left. Please look for train connections to Lauterbach/Mole. You may also type e.g. "Berlin Airport" as point of departure, and then choose the right airport in order to get the direct train connection to Lauterbach/Mole.

From the 4th of September 2011 the train leaving Bergen on Rügen at 19.40 to Lauterbach-Mole to reach the last ferry at 20:10 (see below for ferry timetable) will only operate on arrival days of workshops (this might not be correctly indicated in the internet). If you arrive on a different day, please take a taxi from Bergen to Lauterbach.

Arrival by car:

You can reach the island Rügen from Stralsund by crossing the Rügen dam or the new Rügen bridge. Rügen is only 3 hours away from Lübeck, Hamburg and Berlin. New motorways ensure excellent connections.

We recommend the following routes:

From the direction of Lübeck / Hamburg / Schleswig-Holstein

From the A 1 via the Lübeck intersection onto the Ostsee-Autobahn (Baltic motorway) A 20 until you get to the Stralsund / Insel Rügen exit, then follow the four-lane slip road (B 96 n) and the Stralsund bypass.

Take the new Rügen bridge. Immediately after the bridge turn right for the direction Garz/Putbus. In Putbus follow the signs to Lauterbach.

From the direction of Berlin

Coming from the west follow the A 24 until you reach the Wittstock motorway triangle, then take the A 19 until the Rostock intersection from where you can follow the A 20 in the direction of Stralsund. (Stralsund/Insel Rügen exit)

or

Coming from the east follow the A 11 until you reach the Uckermark intersection. Then take the A 20 in the direction of Stralsund (Stralsund/Insel Rügen exit)

Take the new Rügen bridge. Immediately after the bridge turn right for the direction Garz/Putbus. In Putbus follow the signs to Lauterbach.

From the direction of Poland

Via the A 11 Stettin - Berlin motorway and the Pomellen border crossing to Germany. Continue to the Uckermark motorway triangle, then take the A 20 in the direction of Stralsund/Neubrandenburg until you come to the Neubrandenburg-Nord exit; from there follow the B96 slip road, then take the B96 to Stralsund and the Stralsund bypass.

Take the new Rügen bridge. Immediately after the bridge turn right for the direction Garz/Putbus. In Putbus follow the signs to Lauterbach.

Ferries:

There are ferry connections from several Nordic countries to Rügen or nearby:

- * Trelleborg (Sweden) to Sassnitz/Mukran (Rügen) (continue by train to Bergen)
- * Gedser (Denmark) to Rostock/Germany (continue by train to Stralsund/Bergen)
- * Klaipeda (Lithuania) to Sassnitz/Mukran (Rügen) (continue by train to Bergen)
- * St. Petersburg (Russia) to Sassnitz/Mukran (Rügen) (continue by train to Bergen)

Just in case - how to call a taxi:

Stralsund: ++ 49 (0)3831 - 292000 or 39 33 33

Bergen: ++ 49 (0)3838 - 252627

Sassnitz: ++ 49 (0)38392 - 3030

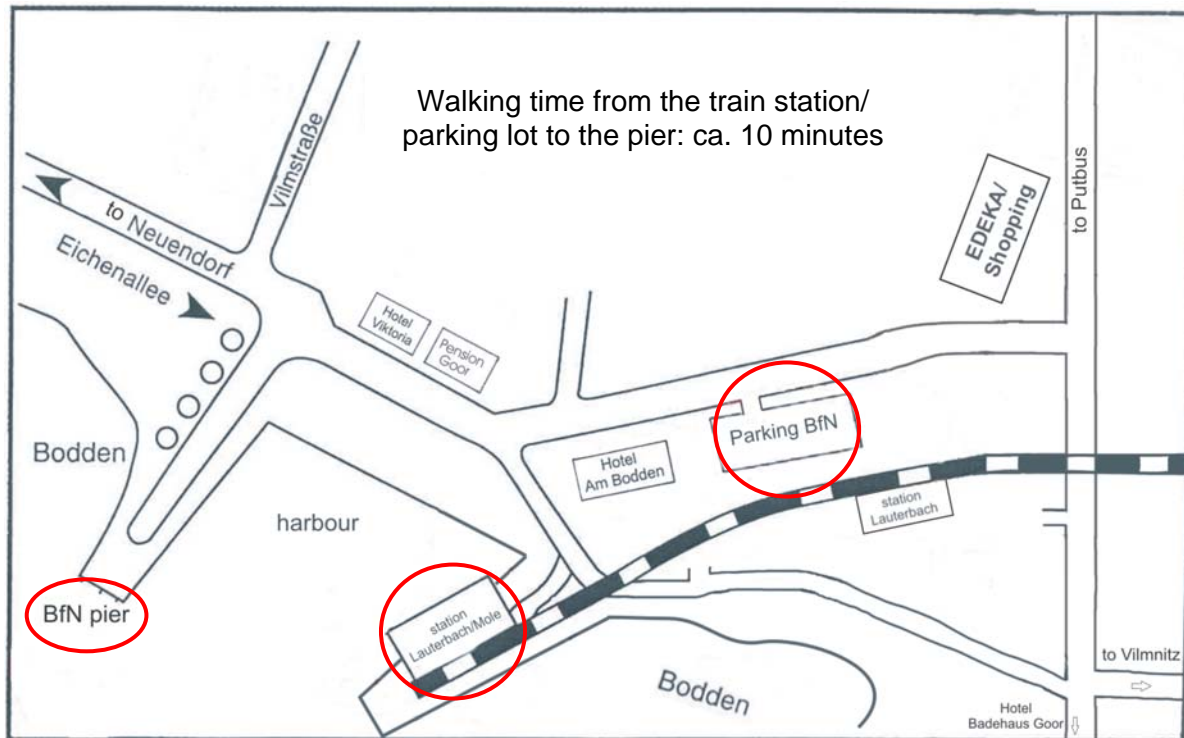
Putbus: ++ 49 (0)38301 – 339

In emergency cases

...you can reach somebody to help you at the reception of the Academy (attended until midnight). **Please call: ++ 49 (0)38301-86-0.**

In Lauterbach parking is available in our visitors' car parks (see location map). Although there is a pay machine, parking for INA guests is **free of charge**. However we cannot assume liability for any vehicles parked there. We advise visitors not to make their journey by car, particularly during the peak tourist season in summer.

Location of the train station, parking lot and pier in Lauterbach/Mole:



Ferry transfer to Vilm:

The ferry trip takes 10 minutes. The ferry is run by the Academy and is free of charge. It operates according to a fixed timetable (see below) which is coordinated with the train timetable.

Ferry Timetable Lauterbach - Vilm/Vilm – Lauterbach:

Monday to Friday:

Departure Lauterbach	Arrival Vilm	Departure Vilm	Arrival Lauterbach
06.40	06.50	07.25	07.35
07.40	07.50	07.55	08.05
08.10	08.20	08.25	08.35
08.40	08.50	09.20	09.30
10.15	10.25	11.00*	11.10
11.15*	11.25	12.05	12.15
12.20**	12.30	13.00**	13.10
13.15	13.25	13.35	13.45
14.15	14.25	14.35***	14.45
15.15***	15.25	15.35	15.45
16.10	16.20	16.35	16.45
17.10	17.20	17.35	17.45
18.10*	18.20	18.35*	18.45
20.10	20.20	20.30	20.40

* runs exclusively on day of arrival and departure

** runs exclusively on day of arrival, if ordered by phone **038301-860** or **0170-5232166** at least 2 hrs in advance

*** runs only on Friday

Saturday and Sunday:

Please find the schedule of the ferry in the programme of the seminar.

We wish you an enjoyable and pleasant journey!