Regions for Health Network

Prioritizing equity, developing strategic delivery alliances, and fostering good governance

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Urban Biodiversity and Health in the Face of Climate Change
Opportunities, challenges and evidence gaps – towards management and policy recommendations
Vilm, Germany, 5 – 6 October 2016
Strategic Objective 1

Improving health for all and reducing health inequalities
Strategic Objective 2

Improving leadership and participatory governance for health
4 Priority Areas for Policy Action

- Investing in health through a life-course approach and empowering people
- Tackling major health challenges of communicable and non-communicable diseases
- Strengthening people-centred health systems, public health capacity and emergency preparedness, surveillance and response
- Creating resilient communities and supportive environments
Agenda 2030: Health is central to development

Health and well-being are an **outcome**, a **determinant** and an **enabler** of the 17 Sustainable Development Goals (SDGs).
Speaking one language

**HEALTH DISCOURSE**
- Health equity
- Social, economic and environmental determinants
  - Resilient communities
- Life course
  - Whole-of-society
- Health in all policies
- Empowerment
  - Whole-of-government
- Rights- and gender-based

**DEVELOPMENT DISCOURSE**
- Leave no one behind
  - Empowered people
  - Resilient nations

**SUSTAINABLE DEVELOPMENT**
- Good governance and peace-building
- Rights- and gender-based
- Health in all SDGs
- Social, economic and environmental dimensions

**WELL-BEING**

**World Health Organization**

**Regional Office for Europe**
Health in all policies = Health in all SDGs
Towards a roadmap of achieving co-benefits for health and development
Regions for Health Network (RHN)

People work together to improve health and well-being through prioritizing equity, developing strategic delivery alliances and fostering good governance. RHN complements work for health carried out at the national level by working with subnational actors.
regions participating in the 22nd RHN Annual Meeting, during the 8th European Public Health Conference, Milan, October 2015.
Communication activities

The RHN website
Our social media activity

Follow us on twitter:

@WHO_Europe_RHN

Official hashtag: #RHN
WHO European Healthy Cities Network

The WHO European Healthy Cities Network consists of cities around the WHO European Region that are committed to health and sustainable development: nearly 100 cities and towns from 30 countries. They are also linked through national, regional, metropolitan and thematic Healthy Cities networks. A city joins the WHO European Healthy Cities Network based on criteria that are renewed every five years.

Each five-year phase focuses on core priority themes and is launched with a political declaration and a set of strategic goals. The overarching goal of the current Phase VI (2014–2018) is implementing Health 2020 at the local level.

The following two strategic goals of Health 2020 provide the overarching umbrella of Phase VI:

- improving health for all and reducing health inequities; and
- improving leadership and participatory governance for health.
Roadmap

- **Annual Conference**
  - Pecs, 1-3 March 2017

- **Pilot of Flagship Course**
  - Summer 2017

- **Healthy Cities Mayors Summit**
  - Copenhagen, 16-17 November 2017

- **Launch of Flagship course, February 2017**

- **International Conference, June 2018**

- **Start of next phase**
Participatory governance and equity

Fig. 1. Conceptual framework of the Trentino health plan (2015–2025)

- Education
- Resilient communities
- Social-health system
- Marketing strategies of unhealthy commodities
- Civil society and family
- Work life
- Physical and social environments
- Social cohesion
- Health behaviour

HEALTH 2020 SDG 3
"Ensure healthy lives and promote well-being for all at all ages"

Source: Autonomous Province of Trento (10).
Health is central to development

Fig. 1. Timeline used in the process

Source: adapted and reproduced with permission from Region Skåne (3).
Health equity and ‘Leaving no one behind’

Tackling health inequities: from concepts to practice. The experience of Västra Götaland

Fig. 1. Political organization of Region Västra Götaland

Source: adapted and reproduced by permission from Region Västra Götaland (10,11).
Investments in health and development

‘Best buys’ which could reduce consumption, harm and costs if fully enforced are:

Introducing a minimum unit price (MUP) of 50 pence/unit of alcohol.

Wales would save:

- RIP
- £882 million over 20 years

53 deaths and 1,400 hospital admissions per year with greatest impact in deprived communities and amongst heavier drinkers

from reduced health harm, crime and workplace absence

For each year of good life restored, Wales would save:

- Limiting availability (outlet density, hours and days of sale)
  - £385 - £1,000

- Better control of advertising
  - £700 - £770
Regions: Sharing Health 2020 and Agenda 2030 practices

The Veneto model – a regional approach to tackling global and European health challenges

© Veneto Region
Regions are scaling up

Fig. 1. The ExpandNet model

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Health 2020 and Agenda 2030
Harmonizing indicators
Health 2020 & Agenda 2030
A historic window of opportunities
Better health for Europe
More equitable and sustainable